

# **HERNANDO CHRISTIAN ACADEMY**

*Building Leaders with Christian Character*

## **INFORMED CONSENT AWARENESS OF SPORTS INJURY RISK WARNING**

By its very nature, competitive athletics can put students in situations in which **SERIOUS, CATASTROPHIC**, and perhaps **FATAL** accidents could occur.

Students and parents/guardian must assess the risks involved in such participation and make their choice to participate in spite of those risks. No amount of instruction, precaution or supervision will totally eliminate all risk of injury. Just as driving an automobile involves choice of risk; participation in athletics is inherently dangerous. The obligation of parents and students in making this choice to participate cannot be over-stated.

By granting permission to your son/daughter to participate in athletic competition, a parent or guardian acknowledges that playing or practicing in any sport can be a dangerous activity involving **MANY RISKS OF INJURY**. Both the athlete and parent must understand that the dangers and risks of playing or practicing to play include but are not limited to, serious injury to virtually all internal organs, bones, joints, ligaments, muscles, tendons and other aspects of the skeletal system, potential impairment to other aspects of the body, general health, and well being, brain damage, complete or partial paralysis and possibly death. These risks may increase for females competing in coed sports with males who are larger and stronger.

## **INFORMED CONSENT AWARENESS OF SPORTS INJURY RISK AGREEMENT**

We (parent and player) understand and accept the risks inherent to participation in competitive sports. Because of the dangers of participating in sports, we recognize the importance of listening to and following all of the coach's instructions and warnings regarding playing techniques, training, equipment and other team rules, etc. both in competition and in practice and agree to obey such instructions. We also recognize the importance of reading and adhering to written instructions and written warnings regarding playing techniques, training methods, rules of the sport and other team rules, etc, both in competition and in practice and agree to obey such instructions.

Student's Name: \_\_\_\_\_

Student's Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Parent/Guardian's Name: \_\_\_\_\_

Parent/Guardian's Signature: \_\_\_\_\_

Date: \_\_\_\_\_